

Aging in Place www.ageinplace.org

By Melissa Youtzy

Overview

- National Aging in Place Council is a senior support network
- Members are experts in
 - Healthcare
 - Financial services
 - Elder law
 - Design & home remodeling
- *Most older adults want to remain in their homes for as long as possible*
 - Problem: lack awareness of services that assist with continued independence

Overview

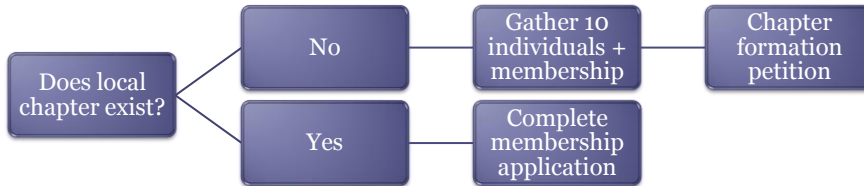
- Solution: plan to age
 - Prevent unexpected events that would hinder someone's ability to live independently
- Operate out of local chapters
 - 17 nationwide
 - Baltimore and Central Virginia



Bringing NAIPC to Your Community

- By forming local chapters, members can
 - Learn about each others businesses
 - Discuss aging issues & trends
 - Spread awareness of aging in place
 - Network
- Chapters hold events, educational sessions and answer questions patients and clients may have

Bringing NAIPC to Your Community



- Memberships
 - Individual- \$135
 - Corporate- \$375
 - Public/nonprofit- \$65

Contact Information

- Website
 - http://www.ageinplace.org/about_us/contact_naipc.aspx
- 1400 16th Street NW - Suite 420
Washington, DC 20036
Tel. 202.939.1770
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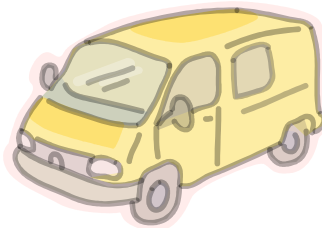
When to Refer to ageinplace.org

- Patients that want to remain living in their current home/independent & have the physical, cognitive & emotional potential to
 - Caregivers & families
- Go to website, events
 - Free☺



Patient Education Materials

- Brochures
 - Living at home with a chronic condition
 - Transportation resources
 - Home modifications



Home Modifications for Aging in Place

Home Modifications: Entry Ways

- No steps
 - Ramps
- Very little slope
- Garage lift



Home Modifications: Bathrooms

- Walk/roll-in shower with adjustable showerhead
- Shower seat
- Install
 - Elevated toilets
 - Grab bars



Home Modifications: Bedrooms

- Walk- in closet
 - Storage and shelves within reach
- Light switches reachable from bedside



Home Modifications: Kitchen

- Sink with knee clearance
- Lower cooking surfaces
- Storage space within reach



Home Modifications

- Proper lighting in all rooms and outdoors
- Ample maneuvering space
- Rocker-type light switches



Questions?



Reference

1. National Aging in Place Council. Aging in Place. Aging in Place Web Site. <http://www.ageinplace.org/>. Updated 2013.