


Elder Abuse

By Kristen Swain

+ Elder Abuse¹

- Domestic or Institutional Abuse:
 - Physical abuse
 - Emotional Abuse
 - Sexual Abuse
 - Exploitation
 - Neglect
 - Abandonment
- Warning Signs:
 - Bruises, pressure marks, burns, sudden change in financial situation, bedsores, poor hygiene, threats or belittling, and strained or tense relationships.



+ National Center on Elder Abuse¹

- <http://www.ncea.aoa.gov/>
- “Elder Abuse is a violation of human rights and a significant cause of illness, injury, loss of productivity, isolation and despair.”- WHO
- 2 million elders are abused in the United States every year
- By stopping elder abuse we can insure that older adults age with dignity and honor.



+ Ageless Alliance²



- http://www.agelessalliance.org/assets/download/videos/ElderAbuse_60_PSA_Revised.mov
- By the Center of Excellence on Elder Abuse and Neglect
- One in ten older Americans experience abuse each year, and many of them experience abuse in multiple forms.
- 70-90% of perpetrators of elder abuse are family members, loved ones or caregivers
- Get Info, Get Involved, Get Support

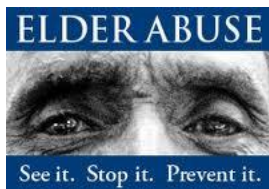
+ PT Advocacy^{1,2,3}

- Carry brochures in your office
- Join the Virginia Coalition for the Prevention of Elder Abuse (VCPEA) <http://qa.srnav.org/vcpea/>
- Use the Action Kit resources <http://www.agelessalliance.org/action-kit.php>
- Give patients and families information on the signs of elder abuse and who to contact.
- Alert the proper hotline, helpline, or other referral source
- Perform the training via the NCEA.



+ Contact Information¹

- Virginia
 - Adult Protective Services Hotline: **1-888-832-3858**
 - State Long term Care Ombudsman Program: **1-804-565-1600**
 - Virginia Department for Aging and Rehabilitative Services: **1-800-552-5019**
 - Virginia Family Violence and Sexual Assault Hotline: **1-800-838-8238**



+ When to Refer^{1,2}



- If you see any warning signs of neglect, exploitation or abuse.
http://www.agelessalliance.org/assets/download/scripts/NC_EA_RedFlags_web.pdf
- If the family or patient has addressed concerns about possible abuse.
- Be on the lookout for abuse to women and “older” elders because they are more likely to be victimized.
- Other Risk Factors: dementia, mental health, and substance abuse.

+ Patient/Consumer Education Materials^{1,2,4}

- <http://www.ncea.aoa.gov/index.aspx>
- <http://www.agelessalliance.org/faqs.php>
- <http://www.aoa.gov/AoARoot/Index.aspx>
- http://www.agelessalliance.org/assets/download/scripts/NC_EA_ProtectYourself_web.pdf
- June 15: World Elder Abuse Awareness Day



+ Materials YOU can Provide to the Agency^{5,6,7}



- Beattie BL. Effective fall-prevention demands a community approach. *J Geriatr Phys Ther.* 2013. doi: 10.1519/JPT.0b013e31828835f4.
- Crocker T, Forster A, Young J, et al. Physical rehabilitation for older people in long-term care. *Cochrane Database Syst Rev.* 2013;2:CD004294. doi: 10.1002/14651858.CD004294.pub3; 10.1002/14651858.CD004294.pub3.
- Johnson JA, McIlroy WE, Roy E, Papaioannou A, Thabane L, Giangregorio L. Feasibility study of walking for exercise in individuals living in assisted living settings. *J Geriatr Phys Ther.* 2013. doi: 10.1519/JPT.0b013e318282d2d3.

+ References

- 1. The Administration on Aging, Department of Health and Human Services. National center on elder abuse, administration on aging. Nation Center on Elder Abuse Web site. <http://www.ncea.aoa.gov/index.aspx>. Accessed 04/17, 2013.
- 2. Center of Excellence on Eder Abuse and Neglect, University of California, Irvine. Ageless alliance, united against elder abuse. <http://www.agelessalliance.org/>. Updated 2012. Accessed 04/17, 2013.
- 3. Virginia Coalition for the Prevention of Elder Abuse, Inc. Skip Navigation Links. Vcpea. **Virginia Coalition for the Prevention of Elder Abuse, Inc.** Web site. <http://qa.srnay.org/vcpea/Default.aspx>. Updated 2013. Accessed 04/17, 2013.
- 4. Department on Health and Human Services. Administration on aging. Administration on Aging Web site. <http://www.aoa.gov/AoARoot/Index.aspx>. Updated 2013. Accessed 04/17, 2013.
- 5. Beattie BL. Effective fall-prevention demands a community approach. *J Geriatr Phys Ther.* 2013. doi: 10.1519/JPT.0b013e31828835f4.
- 6. Crocker T, Forster A, Young J, et al. Physical rehabilitation for older people in long-term care. *Cochrane Database Syst Rev.* 2013;2:CD004294. doi: 10.1002/14651858.CD004294.pub3; 10.1002/14651858.CD004294.pub3.
- 7. Johnson JA, McIlroy WE, Roy E, Papaioannou A, Thabane L, Giangregorio L. Feasibility study of walking for exercise in individuals living in assisted living settings. *J Geriatr Phys Ther.* 2013. doi: 10.1519/JPT.0b013e318282d2d3.