

**Consumer-Focused Patient Education Materials and Support Groups
for Patients with Heart Failure and Their Families**

By Joseph Ventress



The Doctor

Empowerment Points



Prevention and Recovery

Trustworthy?



**American Heart
Association**



How to understand their blood work.

Reinforce skills you taught them about managing their condition.

Programs to aid them managing their condition.



**National Heart
Lung and Blood Institute**

Basic information to the patient about their condition

Recipes and cooking advice

**Provides printed informational brochures that a PT can
us in their clinic.**



Mentor matching

Education

Policy and Advocacy Information



Mended Hearts

Work/volunteers community that provide community support and information before and after surgery.

Publishes a monthly newsletter

Support groups and forums

Bibliography

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Questions
